



MUSCLE

PAIN RELIEF CLINIC



LONG GRAIGUE
MYOPRACTIC[®]

Revolutionary Muscle Pain Relief Clinic

All Injuries Treated Including | Back Pain | Shoulders | Necks | Hips | Knees | Ankles

Complete Evaluation | Postural Alignment | Sports Injuries

Revolutionary Treatments For:

- Wound Healing
- Pain Relief
- Bone Healing
- Dermatology
- Immune System Response



LASER THERAPUTICS

THE HEALING POWER & ENERGY OF LIGHT



LONG GRAIGUE

LASER THERAPY®

Non Invasive Laser Therapy

Myopractic Therapy Explained

What is Myopractic Therapy?

For the first time in body work the soft tissue and skeleton have been integrated together to form an advanced form of bodywork known as Myopractic, This integration uses well accepted skeletal evaluation procedures the speed and efficiency of cross fibre and fixation solutions offered by deep tissue work.

Myopractic's basic understanding is that muscles are "motors" that move the skeletal system. Even in trauma muscle contractions move bones to their misaligned state The skeletal system's positioning largely then becomes a measurement of the success or failure of the treatment applied Myopractic also employs postural assessment as a guide to its treatment plan for patients, In reality this area fulfils Myopractic's major objective, namely to restore the body's structural integrity towards its ideal state.

What Conditions Respond To Myopractic

Myopractic assist's a wide range of muscle and skeletal disorders, aching muscles and joints, postural distortions, sporting injuries and general accidents. It also promotes the healing of many imbalances within the body's internal organs and systems.

Treatable Conditions:

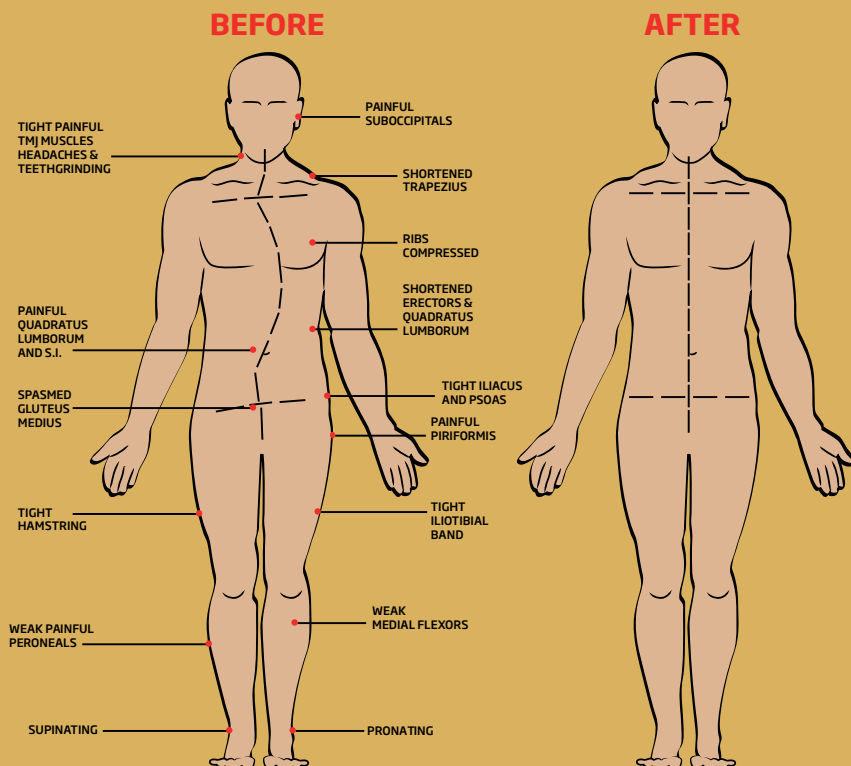
- Stress / Tension
- Neck injuries / pain
- Parkinson's disease
- Tennis and golfers elbow
- Fibromyalgia
- Digestive Disorders
- T. M. J
- Scoliosis
- Osteoporosis
- Headaches Migraines
- Mild Strokes
- Abdominal problems
- Frozen Shoulder / Shoulder pain
- Respiratory Difficulties
- Back injuries / pain.
- Arthritis
- Kyphosis
- Sciatic pain
- Carpal tunnel syndrome
- Knee Problems
- Hip / Leg injuries & pain
- Bunions & Hammer Toes
- Lumbago
- Ankle injuries
- Ankylosing Spondylitis
- Short leg syndrome

Postural Assesment

The majority of people's physical aches and pains stem from distorted posture arising from dysfunctional body parts. This in turn forces the body to make lots of ill-fated adjustments. Postural assessment plays a vital role in Myopractic treatment. It allows the Myopractor to identify the root cause of your problems.

In a sense, the muscles, ligaments and tendons of the body act as 'guy ropes' or 'strainers' for the skeleton. When they become overly contracted, they pull on the bone where they are attached, causing a misalignment in that area. This can have a 'domino effect' throughout the body, causing further distortions.

The postural distortions may, in turn, limit nerve supply to the various organs and systems of the body, causing further ill-health.



Low Level Laser Therapy

What does the Laser do?

The Laser procedure utilizes non-invasive laser technology to safely, discretely and effectively treat Muscle pain, Ulcers, Wounds, Bone fractures and immune system response. You can expect to see subtle yet consistent results after each treatment, without unwanted side effects such as bruising or excessive skin irritation. Treatments can be performed in a relaxed, comfortable manner without the use of topical anesthetics or gel.

What areas can be treated?

Laser patients report excellent results over their entire body. The treatment is especially proven in treating sprains & muscle injuries.

What does the procedure feel like?

Patients often describe the treatment as relaxing and therapeutic. You may experience a gentle warming of your skin's surface during the procedure as the laser handpiece is moved back and forth about 1/2 inch above your skin. You can immediately return to normal activities, utilizing sunscreen if participating in outdoor activities.

Dont Be afraid Its Painless!

How does the Laser work?

By gently heating the upper dermis well below your skin's surface, The Laser stimulates collagen regrowth. Additional heat is generated in dilated capillaries to reduce redness.

How many treatments will I need?

The treatment results are often subtle. On average, you may require four to six treatments in order to achieve optimal results. Every patient's condition and needs vary. For more information about your expected results or the number of treatments necessary, consult your physician.

What are the possible side effects?

Although most patients report few if any side effects, the most common is a slight redness that disappears within a few hours of treatment. Consult your myopractitioner for complete information about the benefits and risks of treatment.

What kind of improvements can you expect with Laser therapy?

Over the course of four to five treatments, Laser therapy can help decrease muscle pain, increase wound/ulcer healing time and can help regenerate bone tissue. The individual treatment results are subtle, but the overall effect of multiple treatments can be quite dramatic.

What Conditions Respond To Laser Therapy?

- Torn and damaged: HAMSTRINGS, And Quads
- Torn and damaged calf muscles
- Joint disorders Such as hips, knees, shoulders, elbows, wrists, ankles,
- Promotes wound healing



About Longgraique Myopractic Clinic

James Buckley: Master Myopractor

M.P. L.M.T.

James is a fully qualified Myopractic therapist and instructor, graduating from the Myopractic institute in Houston Texas, under the renowned Tutors Robert Petteway (Myopractic founder) and Cynthia Zaal.

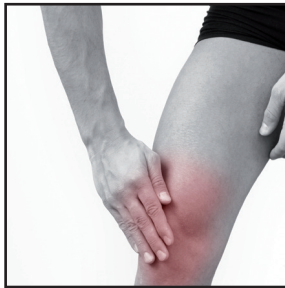
James qualified as a massage therapist at the European Massage Therapy Institute in San Antonio Texas, and also graduated as an instructor.

With his vast experience and knowledge in this field, James was called upon to travel to several states throughout the U.S.A. To take part in teaching seminars for: Nurses, Physiotherapists, Occupational Therapists, Massage Therapists and Medical Students.

James became involved in this amazing healing process after being involved in a serious accident himself. Frustrated and disillusioned with the poor treatment, medication, and recovery times on offer, he strived to discover a better alternative. When he discovered the Myopractic process, James was overwhelmed, as he had finally found the light at the end of his tunnel!

James has now brought this revolutionary healing process, and his twenty years of experience and knowledge to Ireland, and has set up his Myopractic clinic in Wexford along with his wife Sandra. They are achieving impressive results, with a 98% success rate after only three consultations per patient.

Now teaching this revolutionary healing process at the Myopractic institute of Ireland. For more information on courses etc please contact us today on the number below.



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